



CURRICULUM VITAE
RUTH LEANNA HILLELSON, M.D., F.A.C.S.

PERSONAL

Place of Birth: Providence, Rhode Island

Marital Status: Married (Terry L. Whipple, M.D., F.A.C.S.)

Business: American Self, PLC
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Richmond, Virginia 23233
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EDUCATION

Medical School: College of Medicine, University of Vermont 1975-1977
Top one-third of class
Harvard Medical School 1977-1979
1978-Children's Hospital Medical Center
1979-Peter Bent Brigham Hospital

Plastic Surgery
1978-79-Peter Bent Brigham Hospital
(Drs. Murray, Mulliken, Glowacki)

Research in Plastic Surgery
1977-79-Children's Hospital Medical Center
Peter Bent Brigham Hospital
Facial tensile strength experiments
Microangiographic study of pharmacological
delay (published)

College: Johns Hopkins University 1971-1975

Honors, Activities: Project Director-National Science Foundation
Research grant-heavy metal toxicity, 1972
President, German Club, 1972

SURGICAL TRAINING

Internship:	University of Virginia 1979-1980 Charlottesville, Virginia
Residency:	General Surgery 1980-1981 University of Virginia Charlottesville, Virginia
Residency:	General Surgery 1982 Johns Hopkins University Baltimore, Maryland
Fellowship:	Plastic, Maxillofacial, and Craniofacial Surgery 1981-1982 University of Virginia Emphasis on hand, craniofacial, head and neck, burn, microvascular and congenital abnormalities
Residency:	Plastic and Maxillofacial Surgery 1983-1985 University of Kansas Medical Center

LICENSURE AND CERTIFICATION

Licensure: Virginia # 0101034668

Certification: American Board of Plastic Surgery 1987

CURRENT POSITION

Co-Founder and Director of Aesthetics and Plastic Surgery
American Self Center for Cosmetic, Plastic and Orthopedic Surgery

LANGUAGES

English, German

HOBBIES

Horseback riding, water skiing, classical guitar and piano

HOSPITAL AFFILIATIONS

Chippenham Medical Center	Richmond, Virginia
Henrico Doctors Hospital	Richmond, Virginia
John Randolph Hospital	Hopewell, Virginia

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Curriculum Vitae

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Johnston-Willis Hospital

Saint Mary's Hospital

Southside, Regional Hospital

Richmond, Virginia

Richmond, Virginia

Petersburg, Virginia

PROFESSIONAL SOCIETIES

American College of Surgeons

American Society for Aesthetic Plastic Surgery

American Society of Laser Medicine and Surgery

American Society of Plastic Surgeons

Medical Society of Virginia

Richmond Academy of Medicine (Richmond, Virginia)

Southeastern Society of Plastic and Reconstructive Surgery

RESEARCH, PUBLICATIONS, PRESENTATIONS

RESEARCH:

Induced osteogenesis

Microangiographic study of hematoma-associated flap necrosis

Fascial tensile strength

Microangiographic study on pharmacologic skin flap delay

Radiofrequency on dorsal hand (published)

PUBLICATIONS:

Plastic and Reconstructive Surgery

Microangiographic Study of Hematoma-associated Flap

Necrosis and Salvage with Isoxsuprine

PRESENTATIONS:

National Science Foundation Annual Meeting 1973

Soluble dithizones as antidotes to heavy metal poisoning in test animals.

Plastic Surgery Research Council 1980

Microangiographic study of hematoma-associated flap necrosis.

Southeastern Society of Plastic and Reconstructive Surgeons

Annual Meeting 1990

Yellow and green light laser surgery for vascular lesions

Lipodissolve: Theory and Practical Educational Workshop

New York City and Beverly Hills, 2005

American Society of Aesthetic Plastic Surgery

Radiofrequency/Face 2006

Noninvasive Treatments of the Face
International Congress "About Face"
Milan, Italy, 2006

Radiofrequency/Abdomen
International Society of Aesthetic Plastic Surgery
2006

Systems by Thermage
Atlanta, 2007

Noninvasive Treatments of the Face and Body
New York City, 2007

Updates in Thermage
Seattle, 2006, Tampa, 2007

Masters Course in Noninvasive Facial Procedures
Montreal, Toronto, 2006

Lipodissolve and Thermage, Noninvasive Options
Holland, Belgium, London, 2007

New Innovations in Radiofrequency
Boston, London, 2008

HONORS, AWARDS

Best Meeting Presentation - International Society of Plastic and Reconstructive Surgery- Brazil, 2006

National Pinnacle Award-Non-Invasive Radiofrequency 2006, 2007