



# DR. RUTH HILLELSON

**PLASTIC SURGEON**

RICHMOND, VIRGINIA



## ABOUT

Board-certified plastic surgeon Ruth L. Hillelson is Harvard and Hopkins educated and has taught noninvasive and radio-frequency techniques on three continents.

She is also the creator and developer of internationally acclaimed Iridesse® Skincare. Her luxurious line of all-natural refined creams have a patented bioactive formula that significantly improves radiance, fine lines and skin laxity while increasing collagen and elastin production. Although adept with her scalpel, Dr. Hillelson employs many techniques to help reverse the signs of aging without the need for surgery: “Effective skin care combined with the latest technology is a great way to start.”

## CONTACT

Dr. Ruth Hillelson  
804.290.0060  
americanself.com  
@ruthlhillelson



Dr. Hillelson performed a TIXEL laser treatment on this 44-year-old patient to tighten skin and erase dark circles.



This 62-year-old patient addressed concerns of skin laxity and excess fat in the stomach with Thermage FLX.

**“We help reverse signs of aging without surgery.”**



All-natural Iridesse® skin-care products enhance cellular repair, improve skin's radiance and reduce fine lines and laxity.

## SPECIALTIES

- |                           |                                |
|---------------------------|--------------------------------|
| Botox® Cosmetic / Fillers | Revance®                       |
| Kybella®                  | Votiva™                        |
| Lip Augmentation          | Fractora™ / Forma Plus™        |
| Sclerotherapy             | Apollo TriPollar®              |
| CoolSculpting® Plus       | RF Microneedling               |
| Body Contouring           | Clear + Brilliant® / PicoSure® |
| BodyFX™ / MiniFX™         | Perfectio X® Light Therapy     |
| Evolve™ Body Contouring   | BBL Laser Therapies            |
| Duotouch® / Thermage® FLX | Platelet-Rich Plasma (PRP)     |
| TIXEL 2® Skin Resurfacing | Morpheus8™ Skin Tightening     |

## CREDENTIALS

### Medical Education

University of Vermont College of Medicine  
Harvard University School of Medicine

### Board Certification

American Board of Plastic Surgery

## What is body contouring?

Body contouring addresses skin and fat issues with the body through noninvasive technology, dealing with mild to moderate problems or those who just don't want surgery.

## What is the future of your field?

An increase in the capability of technology and opportunities for combined surgical and technological approaches.